



REACH THE GOAL!

My goal is:

I REACHED MY GOAL, SO I GET

SMART

SPECIFIC
Your goal must be clear and well defined.

MEASURABLE
Include precise details of how you will measure your goal.

ATTAINABLE
Be sure your goal is not beyond your reach, yet still challenging.

RELIIVANT
Your goal should be aligned to where you are headed.

TIME BOUND
Your goal must have a deadline.